

# CLINIC CONVERSATIONS



WE ARE YOUR  
HEALTHCARE TEAM

MIDWESTERN UNIVERSITY CLINICS NEWSLETTER

Winter 2017



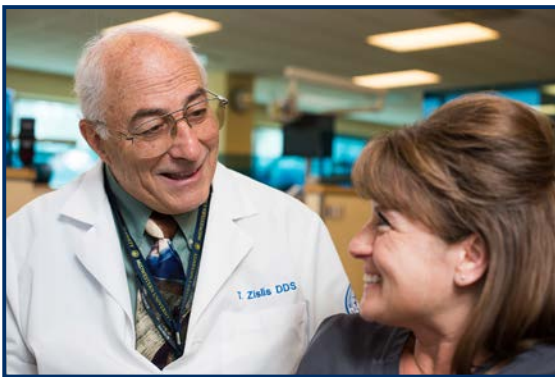
## Eye Institute Hosts Sports Vision Training: The Competitive Edge

Join our sports vision training doctors at the Eye Institute on Wednesday, February 15, 2017 from 6:00 to 7:30 PM for a free, interactive seminar on what sports vision training is and how it can help advance your performance in a variety of athletic activities. Over 90% of an athlete's performance is guided by the visual system—your eyes first have to instruct your hands and body what to do. Even with excellent talent, coaching, and practice, sports performance can fall below potential with an inefficient visual system.

Come tour our facility, see the different equipment, and learn how a program of individualized sports vision training can help improve your game. Refreshments will be served and space is limited. To register, please contact Tracy Bland, 623.806.7246 or [tbland@midwestern.edu](mailto:tbland@midwestern.edu).

## Dental Institute: Oral Health is Extra Important During Pregnancy

*Anita Chu Fountain, D.D.S., Clinical Assistant Professor*



Oral health plays a significant role in your overall health, and no time is more important for great oral health than during pregnancy. Did you know that if you are pregnant, the bacteria in your mouth can be passed to your baby? The cavity-causing bacteria is called Mutans Streptococci (MS), and it metabolizes sugars into acids, leading to demineralization of tooth structure and decay. The good news is

that you can prevent your baby from getting these bacteria by making sure your own mouth is in excellent shape. Make sure to prioritize your oral health—brushing your teeth with fluoridated toothpaste, flossing regularly, and rinsing with an over-the-counter mouth rinse can all help to reduce the bacteria in your mouth. You can also chew gum with Xylitol a few times a day to significantly decrease the mother-child transmission of MS. If you have cavities or tooth pain during pregnancy, you can still get treatment. Your second trimester is the safest time to receive dental care, so book your appointment to ensure a good start for your baby.

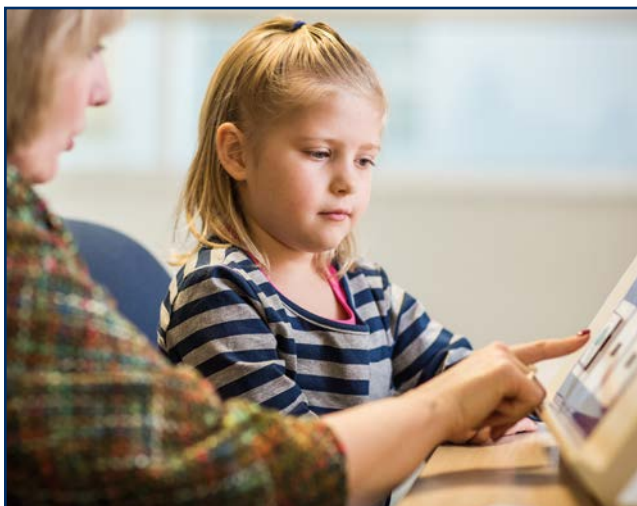


MIDWESTERN  
UNIVERSITY

*Tomorrow's Healthcare Team*

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623.806.7387 (PETS)  
[mwuclinics.com](http://mwuclinics.com)  
[mwuanimalhealth.com](http://mwuanimalhealth.com)

## Multispecialty Clinic Welcomes Speech-Language Institute to New Location



The Midwestern University Speech-Language Institute is now housed in a beautiful, large, and newly remodeled suite on the second floor of our Multispecialty Clinic at 19389 North 59th Avenue in Glendale. Our clinic is warm, bright, and inviting, with many state-of-the-art technologies and resources available. We also have a viewing room where family members can observe their loved one's therapy session in progress. Our licensed and certified speech-language pathologists can evaluate and treat a wide range of speech, language, and swallowing disorders in children and adults who have challenges associated with developmental delay, cognitive impairment, autism, stroke-related aphasia, traumatic brain injury, hearing loss, learning disabilities, language and literacy, voice and social communication disorders, stuttering, and more. Call 623.537.6220 for an appointment.

## Companion Animal Clinic Offers Extended Urgent Care Hours

On Monday, January 23, Midwestern University Companion Animal Clinic began offering extended urgent care hours. You can bring your pet to the clinic for urgent health concerns from 8:00 AM until 11:00 PM Monday-Friday. Regularly scheduled appointment hours will remain from 8:00 AM to 6:00 PM. We look forward to providing this important expanded service for our community, and we thank you for entrusting us with all of your pets' healthcare needs.



### THE MIDWESTERN UNIVERSITY [COMMUNITY HEALTH LECTURE SERIES 2017]

at the Foothills Branch Library, 19055 North 57th Avenue, Glendale  
[www.midwestern.edu/azhealthlectures](http://www.midwestern.edu/azhealthlectures)

**Tuesday, February 21, 2017 | 6:30 to 7:30 PM**

#### **The "Hobbits" of Southeast Asia: A Controversial New Human Species**

Presented by Karen Baab, Ph.D., Assistant Professor  
Arizona College of Osteopathic Medicine

**Tuesday, March 21, 2017 | 6:30 to 7:30 PM**

#### **Children and Poisons: How to Safeguard Your Home**

Presented by Titilola Afolabi, Pharm.D., BCPS, BCPPS, Assistant Professor  
College of Pharmacy—Glendale

The information contained in these articles is provided for informational purposes only and is not for use in diagnosing any condition. The information is not intended to be a substitute for professional medical advice, diagnosis, care, or treatment. Always consult your physician or other qualified healthcare provider with any questions regarding any possible medical condition.